



**How can we look at things
in a new way every day?**

**Für die folgenden 10 Tage
finden Sie hier je ein
Experiment zum Selbermachen.
Eine Kur für die Kreativität!**

1

**close your eyes
for half an hour
and listen to the
sounds
you can hear**

**change your
jacket
with someone else
for one day**

3

**share your meal
with a stranger**

**Arrange the content
of your bag in
alphabetic order**

5

**write down the
happiest moment
in your life
on a sheet of paper
and drop it somewhere
in town**



6

invite
your left neighbour
for a cup of tea

play

7

8

**Call someone
you have not met
in 10 years**

do something as **good** as you can,
then do the same thing
as **bad** as you can,
then do it the **usual** way

**write the word
courage
with your
left hand**



10